



KICK OFF WITH A COCKTAIL

Aperol Spritz | Espresso Martini
Negroni | Passion Fruit Martini All 10.5

THE COASTGUARD

FOR THE TABLE

STARTERS

Soup of the day gfo, v, veo 7.7
Docker Bakery sourdough

Korean chicken gf 9.4
spicy gochujang sauce, sesame,
spring onion, lime mayo

Calamari gf 9.0
sweet chilli dip

Prawn cocktail gfo 10.0
Docker Bakery sourdough

Veggie spring rolls n, ve 9.0
satay peanut sauce

Baked Brie n, gfo, v 9.0
cranberry & pistachio,
Docker Bakery sourdough

LIGHT BITES

Fish finger sandwich gfo 10.0
tartare sauce, bloomer bread

Bacon & brie toastie gfo 10.0
cranberry sauce, bloomer bread

Hot honey halloumi flatbread v 13.9
tzatziki, fresh chilli, spring onions

Pulled pork flatbread 13.9
BBQ sauce, spring onions, chilli, slaw

POKÉ BOWLS

All with coconut rice, pickled veg (carrots, cucumber & cabbage), edamame beans, honey, soy & ginger dressing

Choose your topping:

Prawns gf 15.5

Chicken gf 15.5

Beetroot falafel gf, ve 14.5

Deli board gfo 15.5
olives, cured meats,
focaccia & sourdough

Mozzarella sticks v 6.3
sweet chilli sauce

Nocellara olives ve, gf 5.5
lemon, thyme, rosemary

Loaded fries gf 8.5 | 16.2
pulled pork, sriracha mayo, slaw

Sticky corn ribs v 6.0
coated in a BBQ hoisin sauce

Beetroot falafel v, veo, gf 5.9
tzatziki sauce

Fish goujons gf 6.2
fresh haddock, tartare sauce

Docker Bakery sourdough & olive foccacia gfo, v, veo 7.5
herb oil, butter, balsamic

CHEF SPECIALS

Hunter's chicken schnitzel gf 18.5
cheddar, bacon, BBQ sauce, fries, slaw

Catch of the day gf market price
crushed new potatoes, courgette ribbons, lemon caper butter

Lemon & herb crusted cod n, gf 24.0
Saag aloo, curried yoghurt, toasted almonds

Pork belly gf 19.5
gratin potato, braised red cabbage, red wine sauce

Green Thai vegan curry gf, ve 16.5
coconut baked rice Add chicken 4.0

Venison Bourguignon 23.5
buttery chive mash

SIDES Fries gf | Onion rings gfo | Mixed salad gf | Roast root veg gf
Triple-cooked chips gfo | Braised red cabbage gf | Slaw gf All 5.2

n - nuts | v - vegetarian | ve - vegan | veo - vegan option available
gf - gluten free | gfo - gluten free option available. All other items contain gluten.

PUB CLASSICS

Stour Valley sausages & mash 2 sausages 17.5
roast root vegetables, gravy 3 sausages 19.5

Steak & ale pie 19.5
triple-cooked chips or mash, braised red cabbage, gravy

Vintage cheddar, potato & leek pie v 18.9
triple-cooked chips or mash, braised red cabbage, gravy

Wholetail scampi 16.9
triple-cooked chips, peas, tartare sauce

Beer battered fish & chips gfo 19.5
triple-cooked chips, crushed peas, tartare sauce

FROM THE GRILL

BURGERS

The Classic gfo 18.5
6oz beef burger, bacon, cheese,
burger sauce

Panko halloumi burger gfo, v 16.9
hot honey sauce

Bacon & brie burger gfo 18.5
6oz beef burger, bacon, brie, cranberry

Korean chicken burger gfo 19.0
spicy gochujang sauce, buttermilk chicken,
lime mayo, sesame seeds

All with soft brioche bun, baby gem,
beef tomato, gherkin, slaw & fries

STEAKS

6oz fillet gf 37.4

6oz rump gf 20.2

8oz sirloin gf 27.8

Add peppercorn sauce or garlic butter 2.8

All with triple-cooked chips & dressed salad

START YOUR WEEK WITH US...

**BURGER
MONDAY**

FROM
5PM!

**STEAK
WEDNESDAY**

ANY 2 BURGERS, FRIES
& SLAW FOR £25

BOGOF ON ALL
STEAK MAINS!

We're a cashless venue,
accepting all major cards



Beach Street
RESTAURANTS

US@THECOASTGUARD.CO.UK
THECOASTGUARD.CO.UK

SOMETHING TO END ON...

Amaretto disaronno	4.3
Baileys 50ml	4.8
Cointreau	4.3
Drambuie	4.3
Limoncello	4.9
Tia Maria	4.3

WE LOVE A CELEBRATION!

Weddings

Birthdays

Family Meals

Get-Togethers

Work Events

Celebrations of Life

BOOK YOUR NEXT WITH US!

DESSERTS

Sticky toffee & date sponge ^{gf, veo} 9.0
vanilla ice cream (vegan ice cream available)

Chocolate brownie ^{gf} 8.5
honeycomb ice cream

Banana cheesecake ⁿ 9.0
almond brittle, toffee sauce

Lemon tart ^v 8.5
raspberry sorbet

Toffee apple crumble 9.0 ^{gf, veo}
vanilla custard

Ice cream 2.5 per scoop
Chocolate & sea salt | Madagascar vanilla
Bramley apple & custard | Salted caramel fudge
Clotted cream & honeycomb
Raspberry sorbet | Vegan caramelised biscuit

Affogato ^{n, v, gf} 7.0
vanilla ice cream, toasted hazelnuts
& a single espresso shot

SUNDAES

Sticky toffee sundae ^{gf} 9.9
salted caramel ice-cream, vanilla ice cream,
sticky toffee sponge

Chocolate brownie sundae ^{gf} 9.9
honeycomb ice cream, vanilla
ice cream, chocolate brownie bites

JOIN US ON A SUNDAY!

*Roast dinners
until 5pm!*



Roast sirloin of beef 22.0

Roast garlic & thyme chicken 19.5

Slow cooked pork belly with crackling 19.5

Veggie roast (ask team for this week's option) ^{v, veo} (may contain nuts) 18.2

Little roast lovers
welcome!
All roasts available
in kids' size

All served with roast potatoes ^{gf}, Yorkshire pudding, stuffing, gravy ^{gf}
& Chef's selection of vegetables

Coming up at The Coastguard...

FRIDAY MARCH 6TH

FREE Mind-reading & Magic with Ashley Green - from 5pm
Family-friendly and not to be missed!

SUNDAY MARCH 15TH

Come celebrate Mother's Day with us here!
Main menu, Sunday roasts & some extra-special specials

SPEAK WITH ONE OF OUR TEAM TO BOOK YOUR TABLE!

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GET THE LATEST

FOLLOW US ON SOCIALS



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@thecoastguardonthebay

SIGN UP TO OUR EMAILS



for all the latest news,
events, birthday treats,
& even freebies!

We're a cashless venue,
accepting all major cards



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RESTAURANTS